

CUYAHOGA VALLEY
CHRISTIAN
ACADEMY

MTerm 2020
COURSE AND TRIP OFFERINGS

Welcome to March Term 2020!

Our January and March term sessions (Jterm and Mterm) increase opportunities for learning and exploration that challenge our students in areas of interest and also encourage deeper faculty-student relationships through enrichment electives, educational travel, service, mission trips, and Career Experience Opportunities.

The **Middle School Mterm** program (grades 6-8) is designed to cultivate spiritual, educational, and personal growth in each student. Each middle school grade participates in a unified Mterm experience allowing students a unique and developmentally appropriate time of experiential learning and class bonding. Middle school students are automatically enrolled in their Mterm. More detailed packets and information for *Excelebrate* (6th grade), *Elevate* (7th grade) and *Prepare to Believe* (8th grade) will be forthcoming from the leaders of these experiences.

Participation in Mterm is a graduation requirement for all students in grades 9-12. High school students must enroll in one of the following options:

- an AM (morning) and PM (afternoon) class session
- All-day class
- Career Experience Opportunity (grades 11-12)
- Trip

Mterm registration opens on Sunday afternoon, August 25, 2019, through Tuesday, September 3, 2019. Registration will be completed online. Parents will receive a text alert on Sunday, 8/25/19, notifying them to check email for an important Mterm notification.

For students selecting an Mterm trip, a non-refundable deposit of \$175 will be required at the time of registration. The balance of the trip costs will be split into 3 payments, due September 30, November 26, 2019, and January 31, 2020. Due to planning commitments, families are responsible for the full cost of trips for which a student is registered after September 30, 2019. [Note: Trips through Joshua Expeditions may have a different payment schedule.] Additionally, students traveling abroad are required to have a passport valid through September 2020.

Important Note: The *Boys Tennis Team Trip* is required for all players on the boys tennis team. While no deposit is required at this time, please note that families will be responsible for the cost of this Mterm trip once team rosters are finalized. The *Athletic Spring Training at Disney Trip* is open to all CVCA athletes, deposit required, but all spring athletes must obtain pre-approval from their head coach. All other *spring athletes* are expected to select a local Mterm opportunity so they can participate in practices and games as outlined in the *CVCA Student/Parent Handbook*, page 52. Any questions or concerns regarding this policy should be directed to the athletic department.

We encourage you to spend time together as a family exploring the course offerings and discussing which options might be both beneficial and financially feasible for your child. The costs and details for each opportunity are listed in this document.

Note: CVCA reserves the right to cancel classes or trips not meeting minimum enrollment.

Mterm 2020 Course Offering and Trip Overview

Students choose both an AM/PM class or an All-day Local/On-campus course offering

Spring athletes are expected to select a local Mterm opportunity from these lists below so they can participate in practices and games as outlined in the Student/Parent Handbook. Any questions or concerns regarding this policy should be directed to the athletic department.

AM - Morning Offerings 8-11 am	PM - Afternoon Offerings 11:50am-2:50 pm	All-day - Local/On-Campus Offerings 8 am - 2:50 pm daily
Advanced Principles of Fitness	Bowling (9 & 10 only)	20 Before 20
Art Through Needlework	Cake Popping	In Their Path
Biblical Manhood (boys only)	Drawing Closer to God, Bible Journaling	Lifeguarding (students must be 15 yrs old)
Boxing	DriveTeam (must have learner's permit)	Project North Hill
Check Your Heart	Geeks & gods	SOAH Career Exploration Experience (12 gr only)
Coffee Anyone?	Hiking the CVNP	SOMP Rotation (SOMP students 11-12)
Emotions	History of Basketball	The Verdict: A Mock Trial
Fairy Tales	Jewels and Beads (girls only)	Career Experience Opportunity - CEO (11-12)
Get Your ACT Together! (9-11)	Learn to Ice Skate	
Give and Take	Song Writing	
Historical Computer Simulations	Students Exploring Medical Professions (9-10)	
Jesus and Thoreau	This is Me (10-12)	
TOPUCU		

Trips - Athletic, Domestic, and International

A non-refundable deposit of \$175 is required at the time of registration. The balance of the trip costs will be split into 3 payments, due 9/30/19, 11/26/19, and 1/31/20. Due to planning commitments, families are responsible for the full cost of trips for which a student is registered after September 30, 2019.

Trips through Joshua Expeditions (JE) may have a different payment schedule.

Athletic	Domestic	International
	<i>Note: A government photo ID or passport is required for travel to Puerto Rico, a U.S. territory.</i>	<i>Students traveling abroad are required to have a passport valid through September 2020.</i>
Athletic Spring Training at Disney	Bullet Journaling at Salt Fork Lodge (girls only)	Best of Greece (JE)
Boys Tennis Team Trip This trip is required for all players on the boys tennis team. While no deposit is required at this time, please note that families will be responsible for the cost of this trip once team rosters are finalized.	Discovering Washington DC	Love and Hope Children's Home El Salvador
	Exploring Amish Country (girls only)	STEP Brazil
	Grand Canyon	STEP Cambodia
	LaLa Land Tour (Choir Tour)	STEP Dominican Republic
	Puerto Rican Science Adventure & Service (JE)	STEP Norway

AM/PM Local/On-Campus

- students choose one AM and one PM from any price point

AM - MORNING OFFERINGS

Advanced Principles of Fitness - AM

Number of students: 24; Cost: \$40

Leader: Mr. Harr

Grades: 9-12

Fitness is about balance between rest, nutrition, and resistance training. The goal of this class is to address all three of these areas and to have fun doing it. The focus will be on athletic development and addressing weaknesses by using techniques from the FMS (functional movement screen). We will also discuss nutrition and have post workout snacks. Each day time will be spent completing different types of training, competing with each other, reading articles, and participating in lectures.

Art Through Needlework - AM

Number of students: 15; Cost: \$25

Leader: Mrs. Gabler

Grades: 9-12

Maybe you are like me and are not very artistic. Learning counted cross stitch enabled me to take someone else's artistic ability and create works of art worthy of framing. In this class you will learn how to read a counted cross stitch pattern and transform it into a work of art.

Biblical Manhood - AM

Number of students: 24; Cost: \$25

Leader: Mr. Carroscia

Grades: 9-12 boys only

We will identify the characteristics of Biblical Manhood by examining the Life of Christ (comparing the first Adam and the second Adam). The course will illustrate the Four Cornerstones of Biblical Manhood.

Boxing - AM

Number of students: 25; Cost: \$65

Leader: Mr. Herblet

Grades: 9-12

Are you looking to get fit in a new and exciting way? It doesn't matter if you haven't worked out in a while or have never boxed before; you can finish the workout feeling great! You'll see that everyone goes at their own pace, but believe us that once you're here, you'll be inspired to give it your very best! Each person in class has their own heavy bag to workout on, plus their own space to move around the bag. Boxing is a great workout, perhaps one of the most challenging of all sports, and we want to bring you the intensity of the training, minus the impact. In addition to boxing, this class will also offer nutrition tips and teach healthy diet. Check us out online at [The Title Boxing Club](#).

Check Your Heart - AM

Number of students: 25; Cost: \$50

Leader: Mrs. Kulton

Grades: 9-12

Love is messy. One day your crush smiles at you, and you strut down the hallway like the world is your runway. Other days, your crush flirts with your frenemy, and you decide to never leave your bed. The worst part is — you don't remember strapping into this rollercoaster, and you have no idea where it's going or when it's going to stop. This March, unlock the secrets of romance: why you say stupid things in front of your crush even though you're basically a genius, or why you stalk your crush's instagram at 3 AM even though you're not a total creeper. It's time to check your heart, and you're going to be shocked by what you find.

Coffee Anyone? - AM

Number of students: 12; Cost: \$80

Leader: Mr. Weber

Grades: 9-12

Are you addicted to coffee? No, not that fun, foo-foo mixed beverage that has a little bit of espresso flavored syrup in it (that's espresso with an "s" not an "x" by the way). If you're interested in real coffee then this is the class for you. We will be exploring different coffee beans and roasts, growing regions, brewing processes and all that it takes to brew a great cup of coffee. We will also travel to local coffee shops each day to try a variety of coffees and hear about their operation. You'll be wide awake by the time your afternoon class hits everyday.

Emotions - What are they telling you and how do you deal with them? - AM

Number of students: 15; Cost: \$15

Leader: Mrs. McLaughlin

Grades: 9-12

Fire!! Fire!! Immediately we hear the blaring sound of a smoke alarm? Well, it is not a fire, and it is not a smoke alarm. It is our emotions, acting like a smoke alarm, alerting our brain and body that something needs attention. Our emotions are gifts from God. When understood and dealt with in healthy ways, they can help us navigate the most traumatic and exciting experiences in our lives. We will learn where in our brain emotions reside and how to identify the many types of emotions. We will also look at the healthy ways Jesus processed emotions and identify safe and healthy ways we can process our own emotions. From journaling, to boxing, to savoring a meal, to prayer, we will experiment with ways to work through our own emotions!

Fairy Tales - AM

Number of students: 25; Cost: \$15

Leader: Miss Wides

Grades: 9-12

Fairy tales captivate children and adults; why are they so compelling? In this class, we will read and watch multiple examples of fairy tales, tracing their evolution and cultural significance. We will look at the concepts of fantasy and heroism, as well as effective storytelling technique. Finally, we will compose and illustrate our own fairy tales!

Get Your ACT Together!™ Test Prep: Mterm Series- AM

Number of students: 15; Cost: \$250

Leader: PATHworks!™ *helps young adults make active decisions in academics and life and supports the adults and agencies who work with them. Young adults build on their foundation - developing their purpose, attitude, tenacity and hope - for their successful futures.*

Grades: 9-11 only

Start by exploring your priorities and the expectation that you are successful in high school and life. Then complete a practice ACT test, learn how to interpret your scores and maximize performance on the ACT and school work. Experience interactive sessions as we dig into the meaning of standardized tests, build personal accountability by connecting the test to future objectives, explore the main sections of the test and learn how to study to improve performance. We will conclude the week by creating our test prep action plan and exploring how our outcomes impact our next steps. Accuracy + Strategy = Performance. Get your ACT Together!™ Benefits: Personal accountability, less anxiety, maximized scores, focus and confidence.

Give and Take - AM

Number of students: 10; Cost: \$125

Leader: Mrs. Cowley

Grades: 9-12

In this class, you will be crafting items for yourself and others! Plan to spend each morning crafting items such as fleece blanket kits, finger crochet scarves, decorated note cards, and baked goods. Then, we'll do our best to make two of each project idea - one that you can keep and one that we can give to support a local ministry!

Historical Computer Simulations- AM

Number of students: 14; Cost: \$10

Leader: Mr. McSparran

Grades: 9-12

Have you ever wondered what it was like to be Hannibal marching with the elephants or Napoleon facing his foes at Waterloo? Have you ever wished to craft glorious civilizations spanning millenniums or empires circling the globe without leaving your chair? Do you wonder if you have what it takes to face off against your fellow armchair general at CVCA? What some people call "games", we call "historical simulations." In this Mterm experience we will spend time learning historically-set strategy games such as Civilization V, World of Tanks and Rise of Nations and then playing together. If you like doing these things, this Mterm is for you.

Jesus and Thoreau- AM

Number of students: 20; Cost: \$40

Leader: Mr. & Mrs. Thompson

Grades: 9-12

We will learn about simple sustainable living practices and businesses which bring us in line with nature and creation. Practical skills will be developed which can include outdoor projects, eating what you grow, and survival techniques. Each day we will be off site at a different local venue.

TOPUCO- AM

Number of students: 20; Cost: \$30

Leader: Dr. Taylor

Grades: 9-12

If you were going to begin a 100-mile hiking expedition through the Amazon Rainforest to a specific destination, you wouldn't put on walking shorts and flip flops and head out with a few protein bars in your pocket. Or would you? For a challenging journey like this to be successfully accomplished, thoughtful preparation—the right mindset and gear (boots, tools, mosquito repellent, water and food) would be critical if not absolutely necessary. The TOPUCU program makes the claim that, without cultivating the skills and habits to journey successfully through school and into adulthood, THE ONLY PERSON YOU CHEAT IS YOU (TOPUCU). TOPUCU is a faith-based program designed to equip students for success in school and beyond. Based on a curriculum which explores Habits, Motivation, Pain,

Dealing with negative thoughts and emotions, Visualization (beginning with the “end in mind”), the Value of Time, and strategies for overcoming obstacles, the program can yield a number of benefits including: improved self-esteem, clearer vision and focus, positive behavior and habit formation, improved stewardship of time, and increased reliability. TOPUCU can bring about transformational change and put you on the path to becoming the person you were created to be.

PM - AFTERNOON OFFERINGS

Bowling - PM

Number of students: 25; Cost: \$125

Leader: Mr. Fishel, Mrs. Fishel, Mr. Dipane

Grades: 9-10 only

Do you bowl? Have you ever bowled? Would you like to bowl? This course will introduce students to competitive high school bowling. Coached by the varsity bowling coaches, this class will be an opportunity to learn bowling skills and have a friendly, competitive team competition at the end of the class. We will recognize the most improved guy or girl for the week. Sorry...no bumpers allowed!

Transportation to and from Stonehedge Bowling Center and CVCA will be provided.

Cake Popping - PM

Number of students: 15; Cost: \$50

Leader: Mrs. Mucha

Grades: 9-12

This class will teach you the basics of cake popping--from cake baking to putting the finishing touches on your pops. All participants will walk away from this class with a thorough knowledge of how to make their own cake pops, as well as lots of cake pop samples to share with their friends and family!

Drawing Closer to God - PM

Number of students: 14; Cost: \$100

Leader: Mrs. McSparran

Grades: 9-12

Learn to connect with God in a creative way. We will be spending time in the bible expressing ourselves through art to deepen our relationship with the Lord. Various techniques will be presented to explore throughout the week. Come draw closer to God!

Driving Education - PM

Number of students: 24; Cost: \$795*

Leader: DriveTeam

Grades: 9-12 (Must have learner's permit)

Advisory: Students **must** attend a two-day "Vehicle Dynamics Course Hands-On Skills Training in a Controlled Environment". *The Skills Training will be arranged by DriveTeam in conjunction with parents **prior to March term.***

**Cost of course covers the entire DriveTeam Package, not just the 5 days of Mterm.*

Drive Team offers a four-level, state-licensed program that far exceeds Ohio's minimum requirements for driver education. Students will complete the "Academics of Driving" portion of the program during Mterm. Lessons will focus on traffic laws, traffic signs, and the responsibilities of driving. A workbook is provided. After Mterm, DriveTeam will arrange with individual students for the "On the Road, In-Car Instruction" portion of the program; this will be followed by the "Exit Appointment."

DriveTeam is a local provider of Performance Based Driver Education for teens. They teach and train each student until he or she is ready to "solo" as a safe driver. More information about the company can be found at [DriveTeam](#).

Geeks & gods - PM

Number of students: 20; Cost: \$25

Leader: Ms. Wagner

Grades: 9-12

Using Joseph Campbell's *The Power of Myth* and C. S. Lewis' *God in the Dock*, we will compare the divine in the science fiction and fantasy of today to scripture. We will dig into works like *Star Wars*, *Star Trek*, *Doctor Who*, *Harry Potter*, *Chronicles of Narnia*, *Lord of the Rings*, et al, in search of those myths that reveal our faith in interesting ways.

We will look at how Anakin Skywalker, Spock, Harry Potter, and Aslan fit the profile of a Christ-figure – miraculous birth, unusual powers, and death and resurrection. We will explore the sense of community and responsibility through the Prime Directive of Star Trek.

Class time will be spent reading the text of Campbell's *The Power of Myth* and establishing how stories are used in scripture. Then we will proceed to watch or read portions of the different movies/TV shows or novels to compare and contrast.

Hiking the Cuyahoga Valley National Park - PM

Number of students: 35; Cost: \$20

Leader: Mr. Eernisse

Grades: 9-12

Students will explore the hidden gem in our backyard, the beautiful Cuyahoga Valley National Park (CVNP). The CVNP is one of the most accessible parks in the country in terms of the amount of trail access, and students will get the chance to explore these trails. During the hikes we will visit different areas that have a wide variety of geology such as waterfalls, gorges, oxbow creeks, and large rivers to see God's hand in this area of the world. They will also have the opportunity for guided educational tours by rangers in certain areas of the park who will discuss in detail the plant and animal ecology. Every day will be a different trail and a different area of the park, so students will get an in-depth experience of the CVNP!

History of Basketball - PM

Number of students: 25; Cost: \$10

Leader: Mr. Peters

Grades: 9-12

Students will study the historical significance, major events, movements, teams, individuals, etc who have shaped one of the greatest team sports ever invented.

Jewels and Beads - PM

Number of students: 10; Cost: \$60

Leader: Miss Runyon

Grades: 9-12 (girls only)

Students will enjoy creating beautiful pieces of jewelry by a method called bead weaving. They will be using Swarovski crystals, seed beads and Fireline thread, and will be following well designed patterns. Each student will make a bracelet to give to a woman at Haven of Rest, in order to brighten her day.

Learn to Ice Skate - PM

Number of students: 25; Cost: \$115

Leader: Mr. Fairchild

Grades: 9-12

Have you ever wanted to learn to ice skate? Then this is your chance. Students will learn to ice skate at Kent State Ice Arena. This class is targeted to beginner to intermediate skaters.

Song Writing - PM

Number of students: 12; Cost: \$25

Leader: Mr. Piland

Grades: 9-12

Do you play an instrument or write poetry, have ideas pop into your head for writing songs, but just can't finish them? In this class, we'll explore different ways to write songs, tying the lyrics and music together. We'll also explore some basic music theory to figure out which chords can go together and how to add some extra pizzazz to the same old chord progressions. If you've written songs before, come ready to share your ideas!

Students Exploring Medical Professions - PM

Number of students: 25; Cost: \$20

Leader: Mr. Charvat

Grades: 9-10

Interested in the field of Medical Professions? There are literally hundreds of different types of careers available in the Medical Profession: nutritionists, dietitians, chiropractors, dentists, occupational therapists, optometrists, pharmacists, physical therapists, physician assistants, physicians and surgeons, podiatrists, speech-language pathologists, registered nurses, respiratory therapists, radiation therapists, and veterinarians just to name a few! This course will take a broad look into all the Medical Professions through guest speakers, hands on projects, and discussions. If you are contemplating or recently applied to our School of Medical Professions as a junior, this investigative course will give insight into that decision.

Advisory: Participating in this course does not guarantee acceptance into the School of Medical Professions.

This is Me - PM

Number of students: 20; Cost: \$75

Leader: Mrs. Pykare, Mrs. Oster

Grades: 10-12

You are moving closer to adulthood everyday. How much thought have you invested in the type of adult you hope to become? Not what job you want or how much money you want earn or where you want to live or who you want to marry, but WHO WILL YOU BE as an adult. While this class will not be able to answer that question for you, it is intended to help you to start to process the answer. We will view a different documentary film each day that highlights a current world, national, local or personal problem that face adults today and force them to come up with answers for themselves that help shape WHO they are. Our discussions of the films will center around YOU processing what YOU believe, think and feel about the issues presented. Our goal is for you to begin to understand that these issues will have an affect on WHO you will become as an adult, so why not begin the process now?

All-day Local/On-campus

20 before 20 - ALL

Number of students: 25; Cost: \$200

Leader: Mrs. Kirkwood, Mrs. Knapp

Grades: 9-12

Students in this course will learn 20+ basic "adulting" skills everyone should know before reaching the age of 20. Topics covered include cooking, gardening, planning, budgeting, basic vehicle care, home care, citizenship, public safety, and more. This course is an overview of the topics it covers, but it will also provide hands-on experience (with some take-homes!) and references for those wanting to dive deeper into specific topics. Students will also learn how to be resourceful in fulfilling further needs they may have on their own as an adult.

In Their Path - ALL

Number of students: 24; Cost: \$60

Leader: Mrs. Hoffman, Mr. Glenn

Grades: 9-12

We will engage in fun field trips, have lively discussions and meet interesting guests that help us link the historical roots of racism and discrimination with modern day strategies for Christ-centered reconciliation. Students learn how to approach divisive subjects with respect and compassion as they build relationships with their Mterm classmates, their peers and others in their community.

Lifeguarding - ALL

Number of students: 12; Cost: \$150

Leader: Cuyahoga Falls Natatorium Staff, CVCA staff supervision on site

Grades: 9-12 Students supply own lunch four days. Friday lunch is provided.

Looking for a summer job? (job not guaranteed) Have you always wanted to twirl a whistle? Perhaps a lifeguarding certificate will open the door to many opportunities. Receive the following certifications: Lifeguard Training, CPR for the Professional Rescuer, Automated External Defibrillation (AED), and Blood Borne Pathogens (BBP). Students MUST be 15 years old to take the class and complete a swim test prior to the beginning of March at a time determined by CVCA.

Swim test: To be completed prior to the first class. **Time to be determined.**

1. Candidates will perform a 300-yard continuous swim using the front crawl with rotary breathing, breaststroke or a combination of both. Swimming on back or side is NOT permitted. Swim goggles are allowed.
 2. Candidates will tread water for 2-minutes without support and without stopping. When treading only the legs can be used. Candidates should place their hands under their armpits. The head must remain above the surface of the water.
 3. Candidates will perform a 1 minute and 40 second timed event.
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- Swim approximately 20 yards. The face may be in or out of the water.
- Surface dive, feet first or head first, to a depth of 7 to 10 feet to retrieve a 10lb brick.
- Return to surface and swim 20 yards to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. You may not swim the distance with your face under water.
- Exit the water without using a ladder or steps.
- Goggles are NOT permitted during this event.

Project North Hill - ALL

Number of students: 14; Cost: \$30

Leader: Mrs. Miller

Grades: 9-12

"There's no place like home." Help home ownership become a reality for a family. Spend the week working with Legacies of Success, a Christian Community Development Corporation, that works to improve housing in the North Hill neighborhood of Akron. Have some fun learning basic construction skills (i.e. drywalling, painting, flooring, plumbing) and learn more about a ministry that is working to show love to our neighbors in North Hill.

SOAH Career Exploration Experience - ALL

Number of students: SOAH only; Cost: \$0

Leader: Mr. C McSparran, Mrs. K McSparran

Grades: 12 - School of Arts and Humanities - seniors only

This course is required for Seniors enrolled in the School of Arts and Humanities. Students will individually gain exposure and experience in a number of careers specifically related to the student's vocational interest over the first four days of this course. All students will gather together for a culminating experience on the last day.

SOMP Rotation- ALL

Number of students: 25; Cost: \$100

Leader: Mr. Lyons

Grades: 11-12 (SOMP Students priority)

The "School of Medical Professions Rotation" is a required part of the SOMP program; students --primarily juniors -- will go on day trips to hospitals and businesses in the area that allow them to view and hear from approximately 25 medical professions. Locations in the past have been:

Akron Children's, Akron General, Western Reserve Hospital, St. Thomas -- Summa's Wound Care Center, Cuyahoga Falls Veterinary Clinic, and Yanke Bionics. The "SOMP Rotation" is scheduled in the junior year so that students will be able to make more informed choices when applying for colleges/universities in the coming semesters. Note: Students in SOMP have priority, but this course is open to interested students with instructor approval.

The Verdict: A Mock Trial - ALL

Number of students: 25; Cost: \$10

Leader: Mr. Ling

Grades: 9-12

Students will participate in an incredible mock trial that was put together by a group of lawyers out of D.C. that hope to use it as a bridge to their profession. They are currently operating various iterations of this trial in several schools across America. In our version, students will take on various roles, work through video and physical evidence, prepare statements, develop arguments, participate in a mock court trial, and deliver a verdict. Students will have the opportunity to learn strategies and about the profession from professional lawyers and judges, while being challenged to dig deep into questions about culture, crime, and faith.

Career Experience Opportunity (CEO) - ALL

Number of students: 100; Cost: \$5

Leader: Mrs. Staker

Grades: 11-12

Career Experience Opportunities provide an ideal time for students to observe and learn about a profession by shadowing a host in the local community. This is a chance for students to dive into the working world while considering future educational and vocational choices.

CEO Requirements:

- students arrange one or more host sites for a minimum of 30 hours during Mterm
- display appropriate and professional personal/ social skills at the host site
- participate in the CEO digital classroom during Mterm (expect to answer 2-3 questions daily)
- expect an on-site visit from CVCA faculty or staff during your experience
- write a 2-3 page reflection paper on your CEO

Notes:

In order to participate in a CEO for Mterm, **students must obtain the permission of a host and host site.** Students must be willing to contact potential hosts and share the requirements of a CEO. Consider contacting family, friends, and church members to see if they have suggestions of possible hosting sites in your career field of interest. ***We do not recommend a CEO under the direct supervision of a parent.***

Students may participate in a CEO during both their junior and senior year provided different host sites are selected.

TRIPS - Athletic, Domestic and International

- a **non-refundable** deposit of \$175 will be required at the time of registration. The balance of the trip costs will be split into 3 payments, due September 30, November 26, 2019, and January 31, 2020. Due to planning commitments, families are responsible for the full cost of trips for which a student is registered after September 30, 2019. [Note: Trips through Joshua Expeditions may have a different payment schedule.]
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ATHLETIC DEPARTMENT TRIP

Athletic Spring Training at Disney - TRIP

Number of students: 32; Cost: \$1300

Leader: Mr. Rupe

Grades: 9-12 (CVCA student athletes only)

Sick of the always-changing Ohio weather in mid-March when you're trying to train for your upcoming season? Join the Athletic Spring Training Trip at the ESPN Wide World of Sports Complex at Disney World in Orlando, Florida, for the opportunity to train at their world-class complex as well as attend clinics to help you maximize your athletic potential! Students will stay at a Disney Resort while utilizing the complex for 5 days/4 nights. Included in the price of the trip are round-trip airfare, lodging at a Disney resort, three daily passes to Disney Theme Parks (Magic Kingdom, Epcot, Animal Kingdom, Hollywood Studios) as well as dining credits to restaurants/food trucks throughout the Disney complex. Students must be a member of an athletic team at CVCA and be prepared for conditioning (running, strength training, agility, etc.). Students in a spring sport **MUST** have their coach's approval.

Note: The cost covers lunches and dinners at Disney but not breakfast. We suggest students buy continental breakfast items (bagels, granola bars, PB&J, juice, etc.) for their hotel room once down there. Also not included is food items purchased in the airport on the travel days as well as any souvenirs.

Boys Tennis Team - TRIP

Number of students: 14; Cost: \$250 - families will be responsible for trip costs after team rosters are complete

Leader: Mr. Ramey

Grades: 9-12 (Boys Tennis team only)

This Mterm trip is a requirement for the members of the boys JV and varsity tennis teams. We will spend Monday and Tuesday morning at CVCA practicing at the courts, conditioning, learning tennis tactics, and strategy in the classroom. We will then depart Tuesday afternoon to a cabin north of Hocking Hills (complete with hot tub, game room, and fire pit). We will spend the rest of the week practicing at local high school courts, conditioning, completing a tennis-specific mental toughness course, participating in focused Bible study times, hiking at Hocking Hills State Park, exploring Columbus, watching an OSU tennis match (if they play at home during our stay), and hanging out together while building team unity.

DOMESTIC

Bullet Journaling at Salt Fork Lodge- TRIP

Number of students: 12; Cost: \$275

Leader: Mrs. DiPaolo

Grades: 9-12 Girls only

Bring peace, beauty, and order into your daily life by learning the techniques of bullet journaling, a planning system that combines methods of organizing, journaling, making lists, and managing tasks and events to create a colorful planner made just for you...by YOU!

Join us as we spend three days (two nights) in Cambridge, Ohio, to learn, worship, enjoy fellowship together, and relax at beautiful Salt Fork Lodge. This rustic mid-century lodge will give us room to roam. Settle down by a fireplace...snuggle into a rocking chair that overlooks the beautiful grounds...play Marco Polo in the pool...or swirl your worries away in the hot tub. You'll have time to plan, dream, reflect, and create!

In this beautiful setting, we will connect with God and each other and get our lives on track -all through the medium of bullet journaling. Each participant will receive a blank dot-grid journal and other fun and practical bullet journaling supplies.

Kick your planning and creative skills up a few notches, and join us for a refreshing time of connecting and creating at Salt Fork Lodge!

Discovering Washington, D.C. - TRIP

Number of students: 42

Cost: 25+students - \$720, 30+ students - \$655, 35+students - \$615, 40+ students - \$585

Leader: Miss O'Brien

Grades: 9-12

Bring old pages to life by experiencing our capital city up-close! On this 4-day/3-night trip, we will visit some of the most significant locations and museums our country has to offer, including the Smithsonian, the National Mall & surrounding monuments, Capitol Hill, the Holocaust Museum, the Flight 93 Memorial, Arlington National Cemetery, and a stop by Mount Vernon (George Washington's estate). A tour inside the White House & Capitol will be requested (although not guaranteed)! We will also be getting a feel for the city as we ride public transportation and enjoy local cuisine.

This trip will be an amazing opportunity for both history enthusiasts as well as the culturally curious!

Exploring Amish Country - TRIP

Number of students: 11; Cost: \$350

Leader: Mrs. Speas

Grades: 9-12 girls only

Are you interested in exploring a slower simpler lifestyle? Join us as we visit southern Ohio Amish Country, only 60 miles away, in Berlin, Walnut Creek and Sugar Creek. As we dine in an Amish home and hear about Amish life, we will see the Amish lifestyle unfold before our eyes. We plan to visit places like: Behalt - history of Amish and Mennonite people, Heini's Cheese Factory, Coblenz Chocolate Factory, Lehman's Hardware - America's largest hardware store, and Warther's Carvings. We will visit apple orchards, bakeries, and Amish homes where women make quilts by hand. We'll even venture out to several quaint Amish restaurants.

We will spend 2 nights and 3 days in a luxury motel/hotel or in a quaint well-stocked bed and breakfast cabin. Note: Extra spending money for shopping and souvenirs is recommended.

Grand Canyon- TRIP

Number of students: 42; Cost: \$1200

Leader: Mr. Samsonas, Mr. Armstrong, Mrs. Murphy, Mrs. Meszaros

Grades: 9-12

Every year, millions of visitors come from all over the world to view the Grand Canyon. Most come and spend several hours along the rim before departing. A small percentage venture down into the vast expanse for a mile or so. An even smaller number journey into the heart of the canyon and experience one of the greatest natural wonders in the world from the inside out. God willing, this coming Mterm we will do just that. Our five day trip includes three days of hiking in the Grand Canyon. During that time, we will hike over twenty-five miles in some of the most rugged

and beautiful terrain you'll see in this life. Each day we will hike down into the canyon before heading back to the hotel each night to eat, rest and relax. The \$1,200 cost of the trip includes airfare, van transportation, hotel accommodations and a \$100 food stipend. This trip is recommended for those who enjoy hiking, are in decent physical shape, are not known to make impulsive decisions and who are not afraid of heights!!

La La Land Tour - TRIP

Number of students: 40; Cost: \$1800

Leader: Mrs. Moore

Grades: 9-12 (Choir Students Only)

This "La La Land Tour" will take you by plane to Los Angeles where you will visit all of the iconic places found in the movie *La La Land*, including movie sets and an added trip to Universal Studios! You'll depart Cleveland on Monday, March 16th, arriving in LA by 9:30 am to meet your Deluxe Motor Coach for a studio tour of Warner Brothers. The Sheraton Grand of Los Angeles will be our hotel for four nights as our luxury bus takes us to visit Hollywood, Beverly Hills, Grand Central Market, Watt's Tower, Griffith Observatory & Park, Hermosa Beach Lighthouse & Pier, Santa Monica Pier, Pacific Park and Burbank, California!! Each day will be a new excursion with plenty of time for sightseeing and shopping. Bring your swimsuit and sunglasses and get excited to enjoy sunny California! Prerequisite: Membership in ANY High School Choir; Show Choir, Women's Chorale, Gospel Choir, Concert Choir or Chamber Singers is required.

Note: Trip cost includes transportation, luggage fees, ALL meals (except three lunches), hotel accommodations and entrance fees to ALL museums AND Universal Studios. This is NOT a performance trip.

Puerto Rican Science Adventure - TRIP (Joshua Expeditions)

Number of students: 32; Cost: 16+ students - \$2520 (24+students - cost \$2330)

Leader: Mr. & Mrs. Kamp, Mrs. Toburen

Grades: 9-12

Prepare for the classroom to come to life on this Science in Puerto Rico tour! Visit Old San Juan by touring the city on a segway and study the wildlife at El Yunque National Park (the only tropical rainforest in the U.S.) which is home to more than 240 species of plants and wildlife, waterfalls, streams and hiking trail. Gear up to kayak out into the bay and watch spectacular bioluminescent natural phenomenon. Go spelunking and explore the third largest cave system in the world. Tour the Arecibo Radio Telescope which is one of the largest ever built, experience the crystal blue waters up close on a Catamaran cruise to one of the country's beautiful beaches for a day of snorkeling and fun in the sun, enjoy an adventure horseback ride, and observe the breathtaking scenery of Puerto Rico while zip lining through the canopy. In addition, you will have the opportunity to participate in ministry. Combining science, service, scenery and adventure, this 6 day experience will be one to remember! (International students will be able to participate with their current visa status.) Trip cost includes transportation, luggage fees, meals in-country, and accommodations. Students are responsible for their own snacks while in the airport and for souvenirs. A government photo ID or passport is required for travel to Puerto Rico a US territory.

INTERNATIONAL - require passport valid through September 2020

Best of Greece - TRIP (Joshua Expeditions)

Number of students: 20; Cost: 12+ students - \$3975 (16+ students - cost \$3750, 20+ students - cost \$3440)

Leader: Mrs. Riordan, Miss Neufeld

Grades: 9-12

Be surrounded by the sun, sea, and mountains of gorgeous Greece as you visit not only the cradle of classical civilization, but also key cities of the early church. Spending the first part of the trip in Athens, you'll see Parliament Square, the National Archaeological Museum, Mars Hill, the Agora, the Parthenon, and more, as well as having free time to explore a couple characteristic Athenian neighborhoods. During the second part of the trip, you'll travel to Corinth, Olympia, Delphi, and Thessaloniki. To bring both ancient history and Biblical references to life while also experiencing great natural beauty and the vibrant culture of today's Europe, join us in Greece this March!

Love and Hope Children's Home in El Salvador - TRIP

Number of students: 25; Cost: \$1710

Leader: Mr. Larlham, Miss Flenniken

Grades: 9-12

Educational, service-oriented, and Gospel-focused, the trip to Love and Hope Children's Home will allow CVCA students a chance to immerse themselves in a beautiful country full of beautiful people. Run by CVCA alums Justin and Rachel Klubnik, Love and Hope Children's Home is more than just an orphanage. While the home has literally saved the lives of the kids that have lived there, Love and Hope actively seeks ways to impact the surrounding community. Our students will get the chance to be a part of their ministry. Missional projects like visiting the homeless, building homes, and Vacation Bible Schools have been staples of the trip to Love and Hope in the past.

But while our schedule will be full, ask anyone who has visited Love and Hope and they will tell you that the kids of the home are the best part. Many of them are teenagers, not much unlike the CVCA students that visit. So, while our students will DO a lot, the true value of this trip comes when our students can BE with the kids of Love and Hope. Lifelong friendships will be made as our unification in Christ shatters our cultural barriers.

STEP Brazil - TRIP

Number of students: 16; Cost: \$2410

Leader: Mrs. Rasper

Grades: 9-12

Travel with us to Atibaia, Sao Paulo, Brazil as we serve with teachers and students from our sister school, Escola Internacional Preparando Geracoes (EIPG). They will be our hosts as we travel with them to serve the school camp for a week, interacting with students and engaging in the Brazilian culture. You will be immersed into the Brazilian atmosphere, where Portuguese is the native language. Our ministry will include music, sports, performances, sharing testimonies, and much more as we work together with EIPG students and teachers. We believe these days will be a blessing to all involved and a powerful way of sharing the gospel.

While not a prerequisite, students participating in this trip should consider hosting a student from EIPG during their two week visit to CVCA in the fall (Homecoming week and prior).

Note: Trip cost includes transportation, meals in country, and accommodations. Students are responsible for their own meals while in the airport and for souvenirs.

STEP Cambodia - TRIP

Number of students: 12; Cost: \$2410

Leader: Mr. Nickerson

Grades: 9-12

Embrace adventure, experience another culture and stretch your understanding of God and His world on a trip to Cambodia for Mterm. This 11 day trip spanning three different cities will introduce you to the people, culture, food, history and beauty of the Kingdom of Cambodia. Beginning in Cambodia's capital city, Phnom Penh, students will visit the Tuol Sleng museum and Choeung Ek memorial to gain perspective on the atrocities committed by the Khmer Rouge regime against the people of Cambodia in the 1970s. Traveling on to the city of Battambang, a highlight of the trip will be working alongside the staff and leadership of BrightStart Learning, a Christian-led NGO dedicated to supporting the education of Cambodia's youth. Our team will have multiple opportunities to teach, befriend, and play with children involved in BrightStart study centers. A YWAM center is located in Battambang, and we will join their fellowship for worship on Sunday. We will also visit CVCA's partner school in Battambang, Dewey International School, to attend classes and meet students, administration and faculty. We will conclude our time in Cambodia with a visit to Angkor Wat, the largest religious monument in the world, in the city of Siem Reap.

This trip will be physically demanding, mentally draining and altogether exhausting, and you will love it. Don't miss your chance to come along!

Note: Trip cost includes transportation, meals in country, and accommodations. Students are responsible for their own meals while in the airport and for souvenirs.

STEP Dominican Republic - Doulos Discovery School - TRIP

Number of students: 24; Cost: \$1810

Leader: Mrs. Hutt

Grades: 9-12

Doulos Discovery School (DDS) is a vibrant bilingual Christian school set in the verdant mountains of Jarabacoa, Dominican Republic. Known by Dominicans as the outdoor adventure capital of the DR, this area boasts the highest peak in the Caribbean, multiple waterfalls along two major rivers, mountain biking, hiking, rappelling, zip lines and rock climbing. Doulos Discovery School offers CVCA's only reciprocal exchange program. Preview Doulos' study-abroad program for yourself, and visit with CVCA's former exchange students now attending DDS. Students participate in hands-on service opportunities on campus and in the community. While there, students stay in villas within walking distance of the school (bring a swimsuit for the pool!) and will spend time interacting with students, helping in classrooms, serving to improve campus facilities, trying tasty Dominican dinners hosted by Doulos families, visiting a fair-trade coffee farm, sampling the outdoor adventures at Pico Escondido, and worshipping in a local evangelical church.

Help us build community within the Body of Christ across borders and cultures and see the Dominican Republic in a whole new way! Check out the Doulos Discovery School Video. [DDS](#)

Note: Trip cost includes transportation, meals in country, and accommodations. Students are responsible for their own meals while in the airport and for souvenirs.

STEP Norway - TRIP

Number of students: 12; Cost: \$2010

Leader: Mr. Kasiguran

Grades: 9-12

Norway is a beautiful country. Bergen, the second largest city, sits on the western coast and is considered the gateway to the fjords. A highlight of the trip is the "Norway in a Nutshell" tour by train, bus, and boat through the mountains and fjords. The Short Term Exchange Program (STEP) Norway provides the opportunity for home-to-home exchanges between students from Cuyahoga Valley Christian Academy and the Danielsen Videregaende School in Bergen, Norway. Students from both schools learn about the customs and culture of the exchange country. Our students experience first-hand the commonality of faith we enjoy in Christ, as we typically attend church and youth group services while we are in Bergen. They also develop a measure of independence as they learn how to deal with a different currency and with people whose native language is not English.

Although not a strict requirement, students interested in STEP-Norway should expect to host a Norwegian student from Danielsen School for nine or ten days in the fall (Homecoming week). During the trip to Norway, the CVCA students typically stay with the family of the Danielsen student they host in the fall.

Note: Trip cost includes transportation, meals in country, and accommodations. Students are responsible for their own meals while in the airport and for souvenirs.
