

GIRLS*GIRLS*GIRLS*GIRLS*GIRLS*GIRLS
2017 DOMINICAN REPUBLIC MISSIONS TEAM PACKING LIST

- Put your name or initials w perm marker on any clothes or items you hold near & dear.

TRAVELING CLOTHES

1 – 2 pair of khaki pants, capris or LONG shorts (we travel both ways in these)

*4 finger length, not tight

Wear your DR team shirt. We'll launder these before the trip home.

SNEAKERS – no sandals or flip flops in the airport. We may have to run!

You may carry a bookbag and pillow on

EVERYDAY CLOTHES

Comfortable sneakers w tread – 2 are a good idea

Cotton, lightweight socks – 1 – 2 pair per day

3 – 6 pair shorts to wear each day to village & activities. (long shorts or basketball shorts)

6 – 12 Lightweight tee shirts. (or other short sleeve shirts)

Nothing tight, sleeveless, no cap sleeves

White or light colored tops **MUST** be layered w another tee or beater/tank top.

4 – 6 bras. Sports bras work well 6 – 12 panties

Sleepwear – sports bra & panties/boxers, or any lightweight pjs

Flip flops for around mission and/or shower

Bring supplies for period (including meds) even if you think you won't start

Items for hair- hair ties, bandanas, etc

DRESS CLOTHES

2 – 4 skirts – knee length or longer, full skirts: we'll be climbing in & out of cattle trucks.

Dress or jumpers are fine.

2 – 4 tops w collars – polo style or cotton button top – **SHORT SLEEVES.**

***NO SLEEVELESS. NO CLEAVAGE. NOTHING LOW CUT. NOT TIGHT**

1 – 2 lightweight shorts or sophies to wear under skirts. This is mandatory.

FLAT sandals or casual shoes to wear w skirts. No sneakers w skirts unless instructed.

PACKING TIPS

- Pack everything in 2 gallon Ziplock plastic bags. Some items will fit in 1 gallon size. Our duffle bags are NOT waterproof and may get wet during travel
- If possible, purchase toiletries w/o scent. NO aerosols.
- IMPORTANT: Pack your basic toiletries, personal meds, contacts, money, etc in your carry on
- **WHAT NOT TO BRING:**
- Anything polyester or tight fitting.
- Any food, including candy (this includes plane). May bring gum
- Any jewelry (plain, stud earrings are fine to wear)
- Any make-up or hairspray. **NO MAKE UP ON TRAVEL DAY**
- Any music, ipod, MP3, cell phone, etc
- Any books, magazines, electrical gadgets.