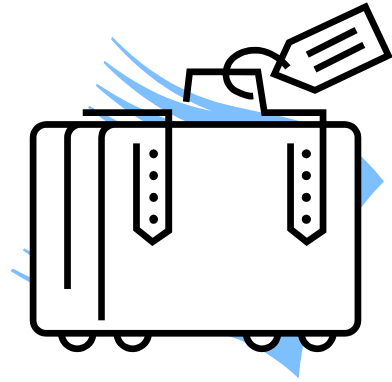


## JUMPSTART PACKING LIST



- 🌲 Bible, pen, pencil
- 🌲 **Personal water bottle**, marked with name
- 🌲 Sheets, pillow, blanket, and/or sleeping bag
- 🌲 Cheap watch
- 🌲 Bath towel
- 🌲 Beach towel, old shoes or water socks for the river
- 🌲 Toiletries: “Travel-sized” shampoo, soap, toothbrush and toothpaste
- 🌲 Sunscreen, and mosquito repellent with Deet
- 🌲 Modest shorts and shirts, appropriate for the experience.
- 🌲 Jeans, sweatshirt and/or jacket for cool evenings or rainy weather. Rain poncho, if desired.
- 🌲 Swim suits: Girls need a one-piece suit and cover up to wear when going back and forth to the pool
- 🌲 Flip-flops for shower, and tennis shoes for all activities. **(No Sandals)**
- 🌲 Flashlight
- 🌲 Small backpack or “daybag” for keeping belongings together on the bus
- 🌲 A few extra dollars for the snack shop (Dollar bills are better than \$5’s or \$10’s.)

## ADDITIONAL INSTRUCTIONS

- 🌲 **Do not bring** a CD or MP3 player, IPOD, cell phone, radio, etc. No electronic games (Game Boy, etc.)
- 🌲 Bookbags must be taken home on **Tuesday after school**. You will **not** be able to go to your locker when we return from the trip on Friday afternoon.
- 🌲 **Do not wear your uniform to school on Wednesday!!**
- 🌲 **In case of an emergency, please call CVCA’s cell phone (330-786-5304). In the event you are unable to reach us at this number, the Seneca Hills phone number is 814-432-3026.**