

MEN'S CROSS COUNTRY RECORDS

(As of 2008)

Top Ten All-Time 5,000 Meters:

1. Kyle Sullinger	15:37	2008
2. Ryan Crocker	15:57	2004
3. Ryan Crocker	16:08	2003
4. Kyle Sullinger	16:10	2007
5. Ross Crocker	16:21	2008
6. Matt Harbert	16:23	2000
7. Tim Meier	16:31	1998
8. Mark Talbott	16:35	2008
9. Ryan Crocker	16:38	2002
10. Ryan Kupchella	16:39	2002

PAC All Conference:

2001	– Ryan Kupchella – 5 th , Shaun Gaul – 9 th Ryan Crocker – 11 th , Bennet Krawchuk – 12 th
*2002	– Ryan Kupchella - 1 st , Ryan Crocker - 2 nd Bennet Krawchuk - 7 th
2003	– Ryan Crocker - 1 st , Ryan Kupchella - 6 th Tim Rhodes - 13 th
2004	– Ryan Crocker - 1 st
2005	– Mike Wilson – 5 th , Gordon Grob – 6 th Andy Schweitzer – 8 th , Kyle Sullinger – 13 th J.T. Hronek – 14 th
*2006	-- Ross Crocker – 3 rd , Kyle Sullinger – 6 th Gordon Grob – 7 th , Mark Talbott – 8 th Matt Mucha – 13 th
*2007	— Kyle Sullinger—1 st , Ross Crocker—4 th Mark Talbott—6 th , Eric Huseman—8 th Kevin Wissner—11 th
*2008	— Kyle Sullinger—1 st , Ross Crocker—3 rd Mark Talbott—4 th , Jake Warren—7 th Matt Mucha—9 th , Eric Huseman—13 th
*PAC Team Champions	

Individual State Qualifiers:

Tim Meier	68 th	1997
Ryan Crocker	28 th	2002
Ryan Kupchella	34 th	2002
Kyle Sullinger	53 rd	2006
Gordon Grob	54 th	2006

ALL OHIO:

Tim Meier	21 st	1998
Matt Harbert	22 nd	2000
Ryan Crocker	16 th	2003
Ryan Crocker	2 nd	2004
Kyle Sullinger	15 th	2007
Kyle Sullinger	2 nd	2008
Ross Crocker	20 th	2008

BEST 5,000 METER TIMES BY GRADE LEVEL:

SENIORS

1. Kyle Sullinger	15:37
2. Ryan Crocker	15:57
3. Matt Harbert	16:23
4. Tim Meier	16:31
5. Gordon Grob	16:51

JUNIORS

1. Ryan Crocker	16:08
2. Kyle Sullinger	16:10
3. Ross Crocker	16:21
4. Mark Talbott	16:35
5. Ryan Kupchella	16:39

SOPHOMORES

1. Ryan Crocker	16:38
2. Kyle Sullinger	16:43
3. Ross Crocker	16:55
4. Mark Talbott	17:14
5. Ryan Kupchella	17:20

FRESHMEN

1. Ross Crocker	16:53
2. Mark Talbott	17:16
3. Matt Mucha	17:53
4. Kyle Sullinger	17:57
5. Ryan Crocker	18:08

JUNIOR HIGH (7th and 8th—3K or 2 mile times)

1. Ross Crocker	10:34
2. Tony Howkins	10:49
3. Mark Talbott	10:56
4. Zach Wilkins	11:00
5. Noah Howkins	11:26

YEAR	COACH	MVP	CAPTAINS	TEAM ACCOMPLISHMENTS
1997	Hallis	Tim Meier	Tim Meier	1 st year for men's cross-country 8 th – Districts Div. III
1998	Hallis	Tim Meier	Tim Meier, Kyle Gaul	4 th – Districts Div. III 12 th -- Regionals
1999	Hallis	Matt Harbert	Matt Harbert	6 th – Districts Div. III
2000	Hallis	Matt Harbert	Matt Harbert	9 th – Districts Div. II
2001	Lyons	Shaun Gaul	Shaun Gaul	2 nd -- PAC 9 th – Districts Div. II
2002	Lyons	Ryan Kupchella Ryan Crocker	Bennet Krawchuk Matt Sammons	1 st – PAC 8 th – Districts Div. II
2003	Lyons	Ryan Crocker	Ryan Crocker	2 nd – PAC 9 th —Districts Div. II
2004	Lyons	Ryan Crocker	Ryan Crocker	3 rd – PAC 11 th – Districts Div. II
2005	Lyons	Mike Wilson	Mike Wilson Gordon Grob	2 nd – PAC 7 th —Districts Div. II
2006	Lyons	Gordon Grob	Gordon Grob	1 st – PAC 3 rd – Districts Div. II 5 th – Regionals
2007	Lyons	Kyle Sullinger	Kurt Kupchella Kyle Sullinger	1 st – PAC 2 nd – Districts Div. II 10 th -- Regionals
2008	Lyons	Kyle Sullinger	Kyle Sullinger Kevin Wissner	1 st – PAC 2 nd – Districts Div. II 6 th -- Regionals